

LEL Progress Tracking : Summary

Lewes Wanderers LEL Progress Tracker														
				Lisa		John		Micky		Paul		Charlie		
Total miles ridden				895.5		895.5		895.5		536.1		895.5		
Time in hand forecast				3h 29		9h 12		17h 37		7h 57		1h 38		
Leg	Northbound	km	m	Status	Av Spd	Status	Av Spd	Status	Av Spd	Status	Av Spd	Status	Av Spd	
N1	Loughton – St Ives	100.1	62.2	C: 30/07 10:01	16.5	C: 30/07 09:33	18.8	C: 30/07 10:01	16.5	C: 30/07 09:33	18.8	C: 30/07 09:34	18.7	
N2	St Ives – Spalding	60.7	37.7	C: 30/07 12:17	17.5	C: 30/07 11:48	19.3	C: 30/07 12:17	17.5	C: 30/07 11:52	18.7	C: 30/07 11:47	19.4	
N3	Spalding – Louth	83.1	51.6	C: 30/07 15:39	16.4	C: 30/07 15:25	16.3	C: 30/07 15:29	17.1	C: 30/07 15:25	17.4	C: 30/07 15:25	16.3	
N4	Louth – Pocklington	96.7	60.1	C: 30/07 21:24	11.6	C: 30/07 19:55	16.8	C: 30/07 19:56	16.6	C: 30/07 19:55	16.6	C: 30/07 19:54	16.6	
N5	Pocklington – Thirsk	66.6	41.4	C: 31/07 01:16	10.8	C: 30/07 23:06	15.9	C: 30/07 23:03	16.2	C: 30/07 23:04	16.0	C: 30/07 23:05	15.9	
N6	Thirsk – Barnard Castle	67.4	41.9	C: 31/07 09:48	12.6	C: 31/07 07:34	16.2	C: 31/07 02:33	13.8	C: 31/07 07:34	16.2	C: 31/07 07:33	16.3	
N7	Barnard Castle – Brampton	83.1	51.6	C: 31/07 15:08	10.1	C: 31/07 12:16	13.4	C: 31/07 09:27	12.9	C: 31/07 12:02	14.3	C: 31/07 12:02	14.4	
N8	Brampton – Moffat	74.5	46.3	C: 31/07 19:31	11.7	C: 31/07 16:34	13.0	C: 31/07 13:11	14.0	C: 31/07 16:34	13.4	C: 31/07 16:33	13.7	
N9	Moffat – Edinburgh	79.7	49.5	C: 01/08 00:40	10.7	C: 31/07 20:47	14.6	C: 31/07 17:03	14.3	C: 31/07 20:22	17.1	C: 31/07 20:39	14.8	
Leg	Southbound	km	m	Status	Av Spd	Status	Av Spd	Status	Av Spd	Status	Av Spd	Status	Av Spd	
S1	Edinburgh – Brampton	150.9	93.8	C: 01/08 15:04	10.3	C: 01/08 12:34	12.1	C: 01/08 07:07	6.9	C: 01/08 12:20	12.5	C: 01/08 12:21	12.4	Average speed may not be accurate for this leg due to multiple sub-le
S2	Brampton – Barnard Castle	83.0	51.6	C: 01/08 20:09	10.7	C: 01/08 16:48	13.9	C: 01/08 11:42	12.7	DNF - Tummy bug but OK		C: 01/08 16:37	14.7	
S3	Barnard Castle – Thirsk	67.1	41.7	C: 02/08 00:08	11.5	C: 01/08 19:53	15.8	C: 01/08 15:03	14.1			C: 01/08 20:36	15.0	
S4	Thirsk – Pocklington	67.2	41.8	C: 02/08 06:38	10.6	C: 02/08 04:45	5.2	C: 01/08 19:11	12.9			C: 02/08 01:10	11.2	John's average speed not correct for this leg
S5	Pocklington – Louth	96.6	60.0	C: 02/08 13:14	9.4	C: 02/08 09:19	13.2	C: 02/08 00:43	11.8			C: 02/08 08:06	10.8	
S6	Louth – Spalding	84.1	52.3	C: 02/08 17:56	11.5	C: 02/08 13:51	12.8	C: 02/08 07:02	13.5			C: 02/08 14:17	10.0	
S7	Spalding – St Ives	60.7	37.7	C: 02/08 21:51	11.8	C: 02/08 17:37	12.5	C: 02/08 10:23	13.5			C: 02/08 18:01	12.0	
S8	St Ives – Great Easton	71.7	44.6	C: 03/08 03:30	10.4	C: 02/08 21:48	12.9	C: 02/08 14:31	11.5			C: 02/08 23:28	10.4	
S9	Great Easton – Loughton	48.0	29.8	C: 03/08 06:45	10.1	C: 03/08 01:02	11.9	C: 02/08 16:37	13.4			C: 03/08 08:36	13.4	
				** FINISHED **		** FINISHED **		** FINISHED **		** FINISHED **				
Status key: S = Time started leg, C = Time completed leg														
Time in hand forecast: How much time each rider is under the 100 hrs 25 mins target														
Average speed for each leg in mph														