

Lewes Wanderers' Crits series 21/02/2017

The Club will again be running its popular series of road races to be held as usual on the Laughton circuit on Thursdays, 1st, 8th and 15th of June, starting at 7.15pm. There will be 50 riders in each race and entries will open on the British Cycling website during the first week of April. There will be a couple of changes this year from previous years.

Firstly, the organisers will select riders rather than allowing a 'first come first served' system as pertained in previous years. Each cycling club will be restricted to a maximum of 8 riders and clubs are encouraged to select their preferred team; places will be reserved for women riders; and we will seek to achieve a balance between numbers of 3rd and 4th category riders. These criteria are designed to encourage team racing, to discourage dominance by a few clubs and to encourage more women and new riders.

Secondly, it is recommended that all 4th Cat riders complete a Race Preparation Training course.*. This is designed to minimise crashes, particularly during sprints for primes and the finish and will be a requirement for 4th Cat riders in the 2018 Crits.

Further information may be obtained by email from Bob Evans: bob.evans100@gmail.com or Darren Haynes: darrenbh@hotmail.com

* The next courses run by Surrey League are:

- 4th March @ Hillingdon Cycle Circuit: Novice Racers Training Day
- 11th March @ South of England Event Centre, Ardingly: Novice Racers Training Day
- 15th April @ Hillingdon Cycle Circuit: Novice Racers Training Day

Further information may be found on the Surrey League website: www.surreyleague.co.uk