



# East Sussex Cycling Association

2016 President Robert Downham – Worthing Excelsior CC

ESCA 50 mile TT – Sunday 19th June 2016 – G50/90

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations



Incorporating VTTA (Surrey & Sussex) Group 50 mile Championship

## Result Sheet

### Event Secretary

**Sam Dix** (In-Gear Quickvit Trainsharp RT)  
11 Woodlands Close, Uckfield, East Sussex TN22 1TS  
Tel: 01825 760738 Mob: 07841 197342 Email: sdix@hotmail.com

### Timekeepers

**Mick Kilby** (Lewes Wanderers CC) Start and Finish  
**Mick Irons** (Worthing Excelsior CC) 25 mile split times

## Prize Winners

Category	Pos	Rider	Club	Time	Prize	
<b>Fastest Overall</b>	1st	Simon McNamara	South Downs Bikes / Casco Europe	1:49:44	£ 30.00	
	2nd	Nick Dwyer	Lewes Wanderers CC	1:50:28	£ 25.00	
	3rd	Steven Kane	Brighton Excelsior CC	1:51:04	£ 20.00	
	4th	Howard Shaw	Eastbourne Rovers CC	1:51:30	£ 15.00	
	5th	Mark Emsley	Team ASL360	1:52:46	£ 12.00	
	6th	Robert Rollings	Lewes Wanderers CC	1:54:24	£ 10.00	
<b>Fastest Lady</b>	1st	Ruth Summerford	Velopace	2:06:25	£ 15.00	
	2nd	Tamar Vanderhaas	Lewes Wanderers CC	2:08:59	£ 10.00	
<b>Fastest in each age category not winning another individual prize</b>						
<b>Aged under 40</b>	(39)	Rob Pelham	Lewes Wanderers CC	1:57:25	£ 10.00	
<b>Aged 40 – 44</b>	(43)	Tom Glandfield	Lewes Wanderers CC	1:56:57	£ 10.00	
<b>Aged 45 – 49</b>	(47)	David Clark	Eastbourne Rovers CC	1:58:46	£ 10.00	
<b>Aged 50 – 54</b>	(51)	Lawrence Wintergold	Hounslow & District Whs	1:56:43	£ 10.00	
<b>Aged 55 – 59</b>	(59)	David Pollard	In-Gear Quickvit Trainsharp RT	1:55:42	£ 10.00	
<b>Aged 60 – 64</b>	(64)	Mike O'Gorman	Worthing Excelsior CC	2:01:31	£ 10.00	
<b>Aged 65 and over</b>	(67)	Donald Parker	Brighton Mitre CC	2:14:19	£ 10.00	
<b>Fastest Team of 3</b>	1st	Nick Dwyer	Lewes Wanderers CC	1:50:28	£ 10.00	
		Robert Rollings	Lewes Wanderers CC	1:54:24	£ 10.00	
		Tom Glandfield	Lewes Wanderers CC	1:56:57	£ 10.00	
	<b>Total Team Time</b>				<b>5:41:49</b>	
	2nd	Howard Shaw	Eastbourne Rovers CC	1:51:30	£ 8.00	
		Michael Davey	Eastbourne Rovers CC	1:58:32	£ 8.00	
		David Clark	Eastbourne Rovers CC	1:58:46	£ 8.00	
<b>Total Team Time</b>				<b>5:48:48</b>		

## VTTA Surrey/Sussex Awards

### Highest VTTA Surrey/Sussex Veteran Plus on Standard

Nick Dwyer Lewes Wanderers CC + 30:26 Aldershot Cup and VTTA Medal

### Highest Surrey/Sussex Club Veteran Team of Three on Standard

Nick Dwyer	Lewes Wanderers CC	+ 30:26	VTTA Medal
Peter Baker	Lewes Wanderers CC	+ 20:50	VTTA Medal
Tom Glandfield	Lewes Wanderers CC	+ 20:02	VTTA Medal

**Total Team Plus + 1:11:18**

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## Overall Result

Pos	Race No	Rider	Club	Cat	Age	Time	Plus on Std	Pos on Std	25 mile Time
1	50	Simon McNamara	South Downs Bikes / Casco Europe	V	41	1:49:44	+ 26:20	3	0:55:10
2	70	Nick Dwyer	Lewes Wanderers CC	V	52	1:50:28	+ 30:26	1	0:55:02
3	71	Steven Kane	Brighton Excelsior CC	S	27	1:51:04	-	-	0:56:54
4	61	Howard Shaw	Eastbourne Rovers CC	S	30	1:51:30	-	-	0:56:17
5	5	Mark Emsley	Team ASL360	S	27	1:52:46	-	-	0:56:39
6	15	Robert Rollings	Lewes Wanderers CC	S	29	1:54:24	-	-	0:57:39
7	25	David Pollard	In-Gear Quickvit Trainsharp RT	V	59	1:55:42	+ 28:47	2	0:57:57
8	60	Lawrence Wintergold	Hounslow & District Whs	V	51	1:56:43	+ 23:44	5	0:58:13
9	10	Tom Glandfield	Lewes Wanderers CC	V	43	1:56:57	+ 20:02	8	0:58:32
10	40	Rob Pelham	Lewes Wanderers CC	S	39	1:57:25	-	-	0:58:36
11	45	Chris Wolton	Southborough & Dist. Whs	S	31	1:57:46	-	-	0:58:46
12	47	Damen Foord	Rye & District Wheelers CC	S	32	1:58:19	-	-	0:59:21
13	31	James Ryan	Team ASL360	S	39	1:58:20	-	-	0:59:26
14	35	Michael Davey	Eastbourne Rovers CC	S	38	1:58:32	-	-	0:59:10
15	77	David Clark	Eastbourne Rovers CC	V	47	1:58:46	+ 19:57	9	0:59:30
16	16	Carl Richardson	In-Gear Quickvit Trainsharp RT	V	52	1:59:30	+ 21:24	6	0:59:40
17	36	Rupert Robinson	Evans Cycles Race Team	V	44	1:59:31	+ 17:55	12	0:59:42
18	38	Matthew Whitaker	Paceline RT	V	49	2:00:40	+ 18:54	10	1:00:51
19	75	Mike O'Gorman	Worthing Excelsior CC	V	64	2:01:31	+ 26:20	3	1:01:19
20	20	Jonathan Pontin	Addiscombe CC	S	25	2:01:53	-	-	1:01:00
21	21	Matt Coombs	Lewes Wanderers CC	V	45	2:02:06	+ 15:46	16	1:01:29
22	26	Guy Lane	Southborough & Dist. Whs	V	51	2:02:31	+ 17:56	11	1:01:06
23	80	Pete Morris	Team ASL360	S	37	2:02:35	-	-	1:00:49
24	51	Peter Baker	Lewes Wanderers CC	V	58	2:03:04	+ 20:50	7	1:02:15
25	76	Robert Drake	Addiscombe CC	S	29	2:03:15	-	-	1:02:02
26	55	Philip Murrell	Finsbury Park CC	V	47	2:03:47	+ 14:56	18	1:02:39
27	6	Samuel Ramsey	Lewes Wanderers CC	V	52	2:04:20	+ 16:34	14	1:02:28
28	65	James Stone	Brighton Excelsior CC	V	47	2:04:49	+ 13:54	21	0:59:51
29	42	David Clements	Eastbourne Rovers CC	V	44	2:05:14	+ 12:12	23	1:01:49
30	46	John Marinko	Brighton Mitre CC	V	51	2:06:02	+ 14:25	19	1:03:57
31	52	Tom Houghton	Brighton Excelsior CC	V	44	2:06:06	+ 11:20	24	1:01:56
32	7	Ruth Summerford	Velopace	WS	25	2:06:25	-	-	1:02:53
32	12	Colin Chambers	Crawley Wheelers	V	51	2:06:25	+ 14:02	20	1:03:59
34	69	Gunter Eifler	Mid Sussex Triathlon Club	S	39	2:07:49	-	-	1:04:31
35	11	Peter Moon	Eastbourne Rovers CC	V	55	2:08:42	+ 13:37	22	1:05:00
36	67	Tamar Vanderhaas	Lewes Wanderers CC	WV	40	2:08:59	+ 17:21	13	1:04:07
37	43	Pip Jenkins	Southborough & Dist. Whs	WS	28	2:09:02	-	-	1:06:42
38	57	Matthew Dowle	Eastbourne Rovers CC	S	39	2:09:22	-	-	1:03:15
39	32	Andrew Drake	East Grinstead CC	S	33	2:09:53	-	-	1:04:50
40	24	Sam Winter	Eastbourne Rovers CC	S	29	2:09:54	-	-	1:03:58
41	48	David Hodgson	Lewes Wanderers CC	V	53	2:10:19	+ 11:02	25	1:05:46
42	79	Colin Toppin	Brighton Excelsior CC	V	43	2:10:47	+ 06:12	29	1:03:34
43	17	Glen Whittington	Southborough & Dist. Whs	S	32	2:11:45	-	-	1:06:13
44	28	Graham Bond	Mid Sussex Triathlon Club	V	52	2:11:51	+ 09:03	26	1:04:48
45	66	Richard Chamberlain	Coventry Road Club	V	51	2:12:10	+ 08:17	27	1:05:09
46	53	Daniel Ellis	Eastbourne Rovers CC	S	35	2:13:13	-	-	1:06:40
47	59	Neil Gearing	Lewes Wanderers CC	V	40	2:13:28	+ 02:07	34	1:06:41
48	56	Donald Parker	Brighton Mitre CC	V	67	2:14:19	+ 16:03	15	1:05:40
49	78	Tom Benjamin	Lewes Wanderers CC	V	49	2:15:08	+ 04:26	30	1:07:12
50	58	John Mankelow	Lewes Wanderers CC	V	68	2:16:15	+ 15:03	17	1:08:07
51	13	Martin Horscroft	Eastbourne Rovers CC	V	51	2:16:34	+ 03:53	31	1:08:17

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## Overall Result

Pos	Race No	Rider	Club	Cat	Age	Time	Plus on Std	Pos on Std	25 mile Time
52	33	Bruce English	Eastbourne Rovers CC	V	51	<b>2:16:41</b>	+ 03:46	32	1:06:48
53	73	William Prout	ABC Centreville	V	60	<b>2:17:11</b>	+ 07:54	28	1:07:25
54	34	Steve Alden	Mid Sussex Triathlon Club	V	54	<b>2:19:31</b>	+ 02:18	33	1:10:22
55	29	Tom Norris	Hastings & St. Leonards CC	V	47	<b>2:20:19</b>	- 01:36	37	1:09:13
56	63	Peter Owen	Norwood Paragon CC	V	55	<b>2:20:58</b>	+ 01:21	35	1:09:46
57	8	Kevin James	Crawley Wheelers	V	41	<b>2:24:42</b>	- 08:38	39	1:12:12
58	54	Phil Couch	Mid Sussex Triathlon Club	V	47	<b>2:26:57</b>	- 08:14	38	1:12:32
59	4	Clare Parkholm	Lewes Wanderers CC	WV	45	<b>2:28:38</b>	+ 00:13	36	1:14:26
60	23	Chris Parker	Hastings & St. Leonards CC	V	60	<b>2:36:58</b>	- 11:53	40	1:16:14
61	19	Deborah Evers	Lewes Wanderers CC	WV	56	<b>2:52:59</b>	- 18:41	41	1:26:25
-	9	Jason Green	Sussex Nomads CC	V	44	<b>DNF</b>	-	-	-
-	18	Jon Fairclough	Woking Cycle Club	V	62	<b>DNF</b>	-	-	1:08:49
-	41	Martin Williamson	London Dynamo	V	40	<b>DNF</b>	-	-	-
-	49	Neil Glover	Sussex Nomads CC	V	53	<b>DNF</b>	-	-	-
-	64	Will Herbert	Lewes Wanderers CC	S	35	<b>DNF</b>	-	-	1:07:08
-	74	Neil Giles	Mid Sussex Triathlon Club	V	42	<b>Void</b>	-	-	-
-	14	Sharon Chladek	Crawley Wheelers	WV	50	<b>DNS (A)</b>	-	-	DNS
-	22	Julia Hawke	Southborough & Dist. Whs	WV	52	<b>DNS (A)</b>	-	-	DNS
-	27	Geoff Smith	Eastbourne Rovers CC	V	65	<b>DNS (A)</b>	-	-	DNS
-	30	Matthew Woods	Eastbourne Rovers CC	V	45	<b>DNS (A)</b>	-	-	DNS
-	37	Matthew Evans	Southborough & Dist. Whs	V	54	<b>DNS (A)</b>	-	-	DNS
-	39	Jez Fallon	Mid Sussex Triathlon Club	V	51	<b>DNS (A)</b>	-	-	DNS
-	44	Alys Mathew	Clapham Chasers	WS	37	<b>DNS (A)</b>	-	-	DNS
-	62	Ben Fielden	GS Stella	V	74	<b>DNS (A)</b>	-	-	DNS
-	68	Gary Burgess	Brighton Mitre CC	V	52	<b>DNS (A)</b>	-	-	DNS
-	72	George Marshall	Rapha Cycling Club	S	34	<b>DNS (A)</b>	-	-	DNS

## VTTA Surrey/Sussex Group Result on Standard

Rank on Std	Race No	Name	Club	Cat	Age	Actual Time	Standard	Plus on Standard
1	70	Nick Dwyer	Lewes Wanderers CC	V	52	1:50:28	2:20:54	<b>+ 30:26</b>
2	25	David Pollard	In-Gear Quickvit Trainsharp RT	V	59	1:55:42	2:24:29	<b>+ 28:47</b>
3	75	Mike O'Gorman	Worthing Excelsior CC	V	64	2:01:31	2:27:51	<b>+ 26:20</b>
4	16	Carl Richardson	In-Gear Quickvit Trainsharp RT	V	52	1:59:30	2:20:54	<b>+ 21:24</b>
5	51	Peter Baker	Lewes Wanderers CC	V	58	2:03:04	2:23:54	<b>+ 20:50</b>
6	10	Tom Glandfield	Lewes Wanderers CC	V	43	1:56:57	2:16:59	<b>+ 20:02</b>
7	38	Matthew Whitaker	Paceline RT	V	49	2:00:40	2:19:34	<b>+ 18:54</b>
8	6	Samuel Ramsey	Lewes Wanderers CC	V	52	2:04:20	2:20:54	<b>+ 16:34</b>
9	56	Donald Parker	Brighton Mitre CC	V	67	2:14:19	2:30:22	<b>+ 16:03</b>
10	21	Matt Coombs	Lewes Wanderers CC	V	45	2:02:06	2:17:52	<b>+ 15:46</b>
11	46	John Marinko	Brighton Mitre CC	V	51	2:06:02	2:20:27	<b>+ 14:25</b>
12	11	Peter Moon	Eastbourne Rovers CC	V	55	2:08:42	2:22:19	<b>+ 13:37</b>
-	18	Jon Fairclough	Woking Cycle Club	V	62			<b>DNF</b>
-	27	Geoff Smith	Eastbourne Rovers CC	V	65			<b>DNS (A)</b>
-	30	Matthew Woods	Eastbourne Rovers CC	V	45			<b>DNS (A)</b>
-	62	Ben Fielden	GS Stella	V	74			<b>DNS (A)</b>

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## Notes & acknowledgements

Congratulations to all the prize winners and many thanks to all that supported the event whether by riding or helping on the day especially the following:

<b>Time Keepers</b>	Mick Kilby (LWCC) and Mick Irons (WECC)	<b>Pushing Off</b>	Chris Jeffery
<b>Recording</b>	Emma Luck		
<b>Marshals &amp; Helpers</b>	Andy Seltzer (Lampool), Kev Gladman (Batts Bridge), David Manning (Black Down), Emma Hyland (Little Horsted), Sean Yates (The Shaw), Richard Fisher & Conal Yates (Boship).		
<b>Refreshments</b>	Cheryl & Joseph Dix	<b>Results</b>	Ann Human (ERCC)

## 2016 points competition – ESCA points awarded for this event

Individual	Club	Points	Club	Points
Nick Dwyer	Lewes Wanderers CC	30	Lewes Wanderers CC	141
Steven Kane	Brighton Excelsior CC	29	Eastbourne Rovers CC	78
Howard Shaw	Eastbourne Rovers CC	28	Team ASL360	59
Mark Emsley	Team ASL360	27	Brighton Excelsior CC	44
Robert Rollings	Lewes Wanderers CC	26	In-Gear Quickvit Trainsharp RT	42
David Pollard	In-Gear Quickvit Trainsharp RT	25	Southborough & Dist. Whs	37
Tom Glandfield	Lewes Wanderers CC	24	Rye & District Wheelers CC	21
Rob Pelham	Lewes Wanderers CC	23	Evans Cycles Race Team	16
Chris Wolton	Southborough & Dist. Whs	22	Worthing Excelsior CC	15
Damen Foord	Rye & District Wheelers CC	21	Brighton Mitre CC	7
James Ryan	Team ASL360	20	Crawley Wheelers	5
Michael Davey	Eastbourne Rovers CC	19	Brighton Phoenix Triathlon Club	0
David Clark	Eastbourne Rovers CC	18	Central Sussex CC	0
Carl Richardson	In-Gear Quickvit Trainsharp RT	17	East Grinstead CC	0
Rupert Robinson	Evans Cycles Race Team	16	East Grinstead Tri Club	0
Mike O'Gorman	Worthing Excelsior CC	15	GS Stella	0
Matt Coombs	Lewes Wanderers CC	14	Hastings & St. Leonards CC	0
Guy Lane	Southborough & Dist. Whs	13	Horsham Cycling	0
Pete Morris	Team ASL360	12	Redhill CC	0
Peter Baker	Lewes Wanderers CC	11	Sussex Nomads CC	0
Samuel Ramsey	Lewes Wanderers CC	10	VTTA (Surrey & Sussex)	0
James Stone	Brighton Excelsior CC	9		
David Clements	Eastbourne Rovers CC	8		
John Marinko	Brighton Mitre CC	7		
Tom Houghton	Brighton Excelsior CC	6		
Colin Chambers	Crawley Wheelers	5		
Peter Moon	Eastbourne Rovers CC	4		
Tamar Vanderhaas	Lewes Wanderers CC	3		
Pip Jenkins	Southborough & Dist. Whs	2		
Matthew Dowle	Eastbourne Rovers CC	1		

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## This is a qualifying event for

**ESCA Points Competition:** 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

**ESCA Trophies:** The fastest rider from an ESCA affiliated club will be awarded the 50m Cup, and fastest Lady the Ladies 50m Cup. The fastest team of three riders from an ESCA affiliated club will also be awarded the 50m Team Cup at the annual prize presentation in January 2016.

**ESCA BAR:** Qualifying event for the Senior, Veteran, Women and Women Veteran BAR competitions.

**BBAR:** Qualifying event for the British Best All Rounder competition.

**Sussex SPOCO:** Long distance qualifying event – 120 points for 1st place down to 1 point for 120th place for first claim riders from Sussex CA affiliated clubs.

## Don't forget forthcoming ESCA events

Date	Distance	Course	HQ/Area	Entry	Promoter	Contact Details
<b>Including VTTA Surrey/Sussex 100 mile Championship</b>						
<b>Sunday</b> <b>10 Jul 2016</b> 06:00	100m BBAR	G100/861	Upper Dicker Village Hall	£10.00	<b>Bob Harber</b> 51 Church Lane, Upper Beeding, Steyning, West Sussex BN44 3HP	<b>Tel:</b> 01903 879598
<b>Saturday</b> <b>10 Sep 2016</b> 07:00	10m	G10/87	East Hoathly Sports Centre	£8.00	<b>Peter Moon</b> 73 Wannock Lane, Eastbourne, East Sussex BN20 9SG	<b>Tel:</b> 01323 485180
<b>Sunday</b> <b>11 Sep 2016</b> 07:00	25m BBAR	G25/89	Fairwarp Village Hall	£8.00	<b>Richard Blackmore</b> Ladymead, Snowhill, Crawley Down, West Sussex RH10 3EE	<b>Tel:</b> 01342 713272
<b>Saturday</b> <b>15 Oct 2016</b> 10:00	1433yd <b>Hill Climb</b>	GH/84	Firle Bostal	£6.00	<b>Mark Winton</b> 6 Ashmore Close, Peacehaven, East Sussex BN10 8AQ	<b>Tel:</b> 01273 584973

**All events are Open events with age category awards for riders over 40**  
**Internet entry is also available for all events via the CTT Website**

## Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding ESCA or SCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

**East Sussex CA** Website [www.eastsussexca.org.uk/](http://www.eastsussexca.org.uk/)  
 Facebook Group [www.facebook.com/groups/EastSussexCA/](https://www.facebook.com/groups/EastSussexCA/)

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